

# MBC 2020 AGM & Conference

October 2<sup>nd</sup> – 4<sup>th</sup> Canmore, AB



There's No Place Like a Home with Multiples  
MBC 2020 AGM & Conference  
October 2nd-4th Canmore, AB

## Schedule of Events:

### Thursday night 7-10 pm

Western Themed hospitality suite

### Friday- Board and Volunteer Focus

9:00 am- Welcome & MBC AGM

10:30- Break

11:00-12:30pm - Chapter Innovations: Emerald & Ruby presentations

12:30-1:30pm- Lunch

130 pm-3:00 pm

Break Away 1- top chapter exchange topic from registration

Break Away 2- 2<sup>nd</sup> chapter exchange topic from registration

Break Away 3- 3<sup>rd</sup> chapter exchange topic from registration

3:00 pm- Explore Canmore and/or Relax

8:00 pm – Land of Oz in the hospitality suite

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### Saturday-Family/Parent Focus

8:30 am- Keynote Speaker – Judy Arnall: It Takes a Village, To Cherish a Parent, To Nurture a Child™

10:00- Break

10:30 am -12:00 pm

Choose between:

Workshop 1- Judy Arnall – Brain Basics

Workshop 2- Brenda Henley, Families Matter – Circle of Security

Workshop 3- Catherine Nelson-Reid, Families Matter – Peaceful Parent

12:00-12:45 pm- Lunch

12:45 pm-2:15 pm

Choose between:

Workshop 4- Judy Arnall – Plugged-In Parenting

Workshop 5- Families Matter – Spirited Child

2:15 pm- finish – Those who would like, meet in lobby for 2:45 bus ride to Banff for Gondola ride, Hot Springs or explore downtown Banff.

### Emerald & Ruby Gala Dinner:

7:00 pm - cocktails

7:30 pm - dinner

8:30 pm - MADA Awards

Ends around 9:30pm, meet in lower banquet room of hotel after for drinks / mingling / games / dancing

### Sunday

6:30 - 9:30 am – Breakfast served in the dining room

9:30 am – Closing remarks from MBC Board, Weekend Slideshow, 2021 Conference presentation from Ottawa

11:00 am - Finish

